

INSPIRING LIGHT-FILLED
TRANSFORMATIONAL QUOTES
FROM AUTHOR & SPEAKER
CARMELA E. HEAD
"ENLIGHTEN SOMEONE'S DAY!"



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"Light sets the stage for relaxation, it sets the stage for productivity and conversation..."

CARMELA E. HEAD

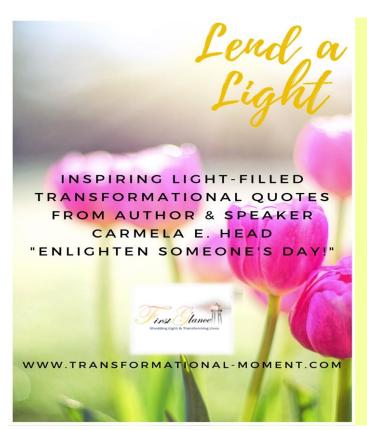
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"Be that positive agent.

Be that empowering
agent. Be that
understanding agent.
Be the one who sheds
light today.

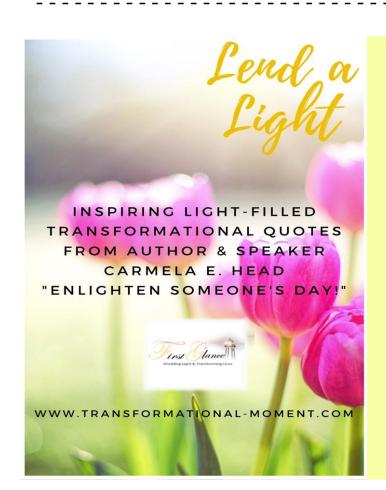
CARMELA E. HEAD



"Light energizes! Light brings us reassurance, because it provides the illumination we need to see clearly and when we see clearly there is a sense of peace and order..."

## CARMELA E. HEAD

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"Find one way to lend a shining light moment to someone. It could be a word of empowerment, understanding or even expressing gratitude."

CARMELA E. HEAD