

Lend a Light

INSPIRING LIGHT-FILLED
TRANSFORMATIONAL QUOTES
FROM AUTHOR & SPEAKER
CARMELA E. HEAD
"ENLIGHTEN SOMEONE'S DAY!"



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"Light sets the stage for relaxation, it sets the stage for productivity and conversation..."

CARMELA E. HEAD

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"Be that positive agent.
Be that empowering agent. Be that understanding agent.
Be the one who sheds light today."

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“Light energizes! Light brings us reassurance, because it provides the illumination we need to see clearly and when we see clearly there is a sense of peace and order...”

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“Find one way to lend a **shining light moment** to someone. It could be a word of empowerment, understanding or even expressing gratitude.”

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"It only takes a little bit
of light to makes
someone's day..."

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"Lending a light is
amazing! It warms the
heart of the giver and the
receiver."

CARMELA E. HEAD

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